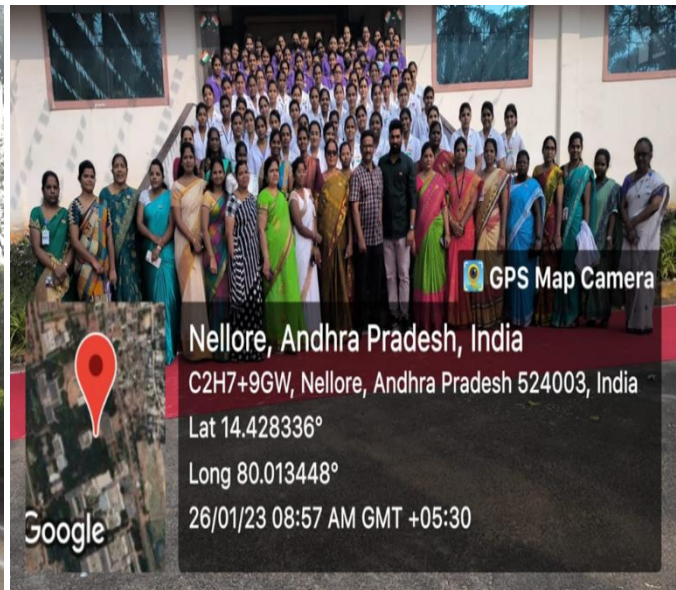


NARAYANA COLLEGE OF NURSING

REPUBLIC DAY CELEBRATION

Republic Day commemorates the day India's Constitution came into effect on January 26, 1950. The Narayana Group of Medical Institutions celebrated the day on January 26, 2023. The festivities began at 8 am at the Narayana Medical College Hospital auditorium. The Indian tricolor was hoisted by Dean Dr. Surya Prakash Rao. A large gathering of medical, nursing, paramedical, teaching, and non-teaching staff, along with students, attended the event. The program started with a prayer song immediately after the flag hoisting. A proud Republic Day march past was organized by the Narayana nursing institutions. Nursing students, acting as marching squads, escorted the chief guest and principals. The national anthem was sung, evoking deep patriotic feelings. The celebration concluded with speeches, a pledge, and the distribution of sweets to all participants.



NATIONAL YOUTH DAY CELEBRATION

THEME: "VIKSIT YUVA-VIKSIT BHARAT."

The National Youth Day was celebrated on January 12, 2023, to honor Swami Vivekananda's birth anniversary. Dr. YSR University NSS unit organized a two-day virtual session in collaboration with Sibar Institute of Dental Sciences, Narayana College of Nursing, and Sree Narayana Nursing College. The event aimed to highlight Swami Vivekananda's teachings and inspire youth.

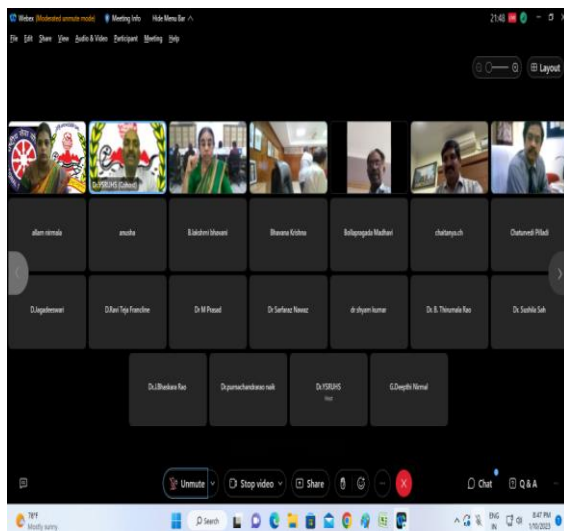
Day 1: January 11, 2023

The program began virtually via CISCO-WEBEX with an inaugural address by Dr. Vivekanand Kattimani, NSS University Programme Coordinator. Dr. Ashok Reddy, State NSS Officer, delivered an inspiring speech on Swami Vivekananda's contributions. Key university officials shared motivational messages. Online events like solo singing, elocution, poetry, and recorded performances of rangoli and dance were showcased.

Day 2: January 12, 2023

The session started with the NSS anthem and motivational speeches by college principals. Dr. Indira A., Principal of Narayana College of Nursing, encouraged participants. Winners of various competitions were announced, followed by a closing note and the National Anthem.

The event was successfully organized, leaving a lasting impact on students.



NATIONAL GIRL CHILD DAY

Theme: Digital Generation, Our Generation

The National Girl Child Day is observed annually on January 24 to raise awareness about gender-based discrimination and the importance of saving the girl child. Introduced by the Ministry of Women and Child Development in 2008, the Narayana College of Nursing NSS unit organized a rally in collaboration with the Department of Health, Medical, and Family Welfare, Nellore district. The rally, which began at Sarvodaya Arts and Degree College and ended at VRC Ground, saw participation from Ronanki Kurmanath, Additional Joint Collector, Dr. S. Rajya Lakshmi, DM&HO, ASHA workers, Anganwadi teachers, and nursing students from Vijaya, Durga, and Narayana Colleges. Around 50 NSS volunteers actively took part in the event. Dr. Rajya Lakshmi addressed the public on the significance of the girl child in society. Dignitaries shared insights on the challenges faced by girls today. The rally successfully spread awareness, emphasizing the need for gender equality. The program concluded at 10:30 AM with refreshments for participants.





WORLD CANCER DAY – 2023

Theme: “Close the Care Gap”,

World Cancer Day is observed on February 4 each year, led by the Union for International Cancer Control (UICC) to raise awareness and improve education on cancer prevention. The 2023 theme, “Close the Care Gap,” emphasized the need for equitable access to cancer care. To support this initiative, the NSS Unit of Narayana College of Nursing, in collaboration with the Medical-Surgical Nursing Department, organized a Cancer Awareness Rally in Venkatachalam village on February 4, 2023. The rally, conducted from 10 AM to 12 PM, involved 50 NSS volunteers, faculty, Rural Health Center staff, and medical students. Volunteers raised slogans and educated villagers in the local language about cancer, its types, complications, and treatment options. The event successfully spread awareness and encouraged preventive measures. The program concluded with refreshments for the participants.

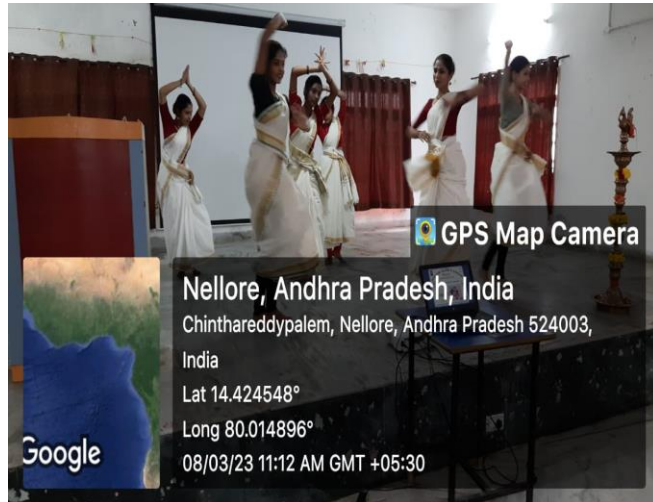


INTERNATIONAL WOMENS DAY – 2023

Theme: Innovation and Technology for Gender Equality

International Women's Day, celebrated annually on March 8, highlights women's social, economic, cultural, and political achievements. The 2023 theme, "Innovation and Technology for Gender Equality," focused on the role of technology in women's empowerment. The NSS Unit of Narayana College of Nursing organized activities like poem writing and a quiz to inspire students. The event commenced at 12 PM with a prayer song, welcome address, and lamp lighting by dignitaries. Principal Dr. Indira A. delivered an inspiring speech on gender equality, followed by Vice Principal Prof. Vanaja Kumari B. and Prof. Latha, who discussed women's empowerment and breaking biases. Faculty members shared insights on the theme, and students actively participated in discussions. Prizes were awarded to winners of

the contests. Around 250 students took part, expressing their views creatively. The event successfully promoted confidence and motivation among students. The program concluded with a vote of thanks and the national anthem.

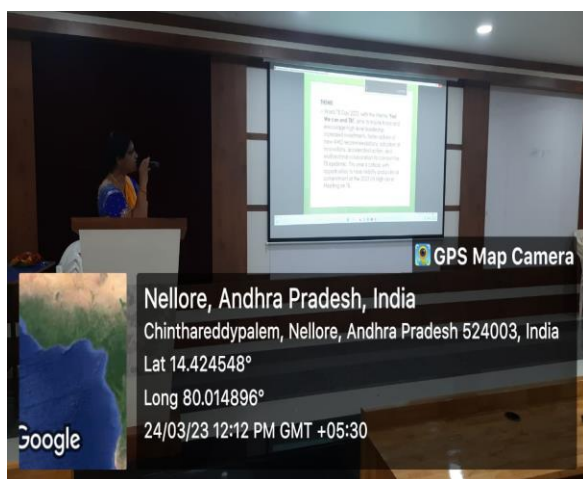
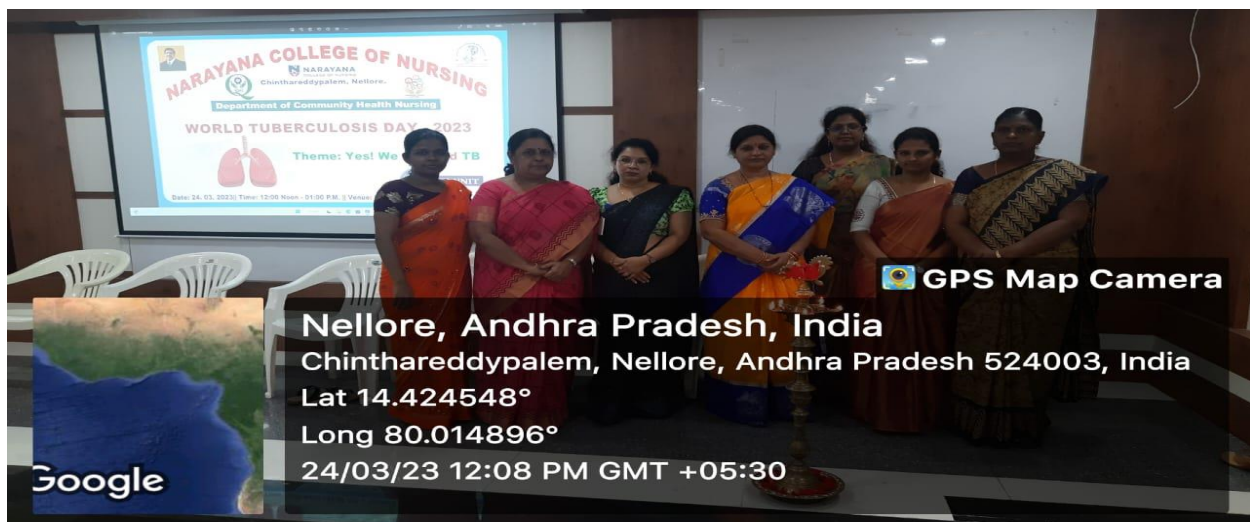
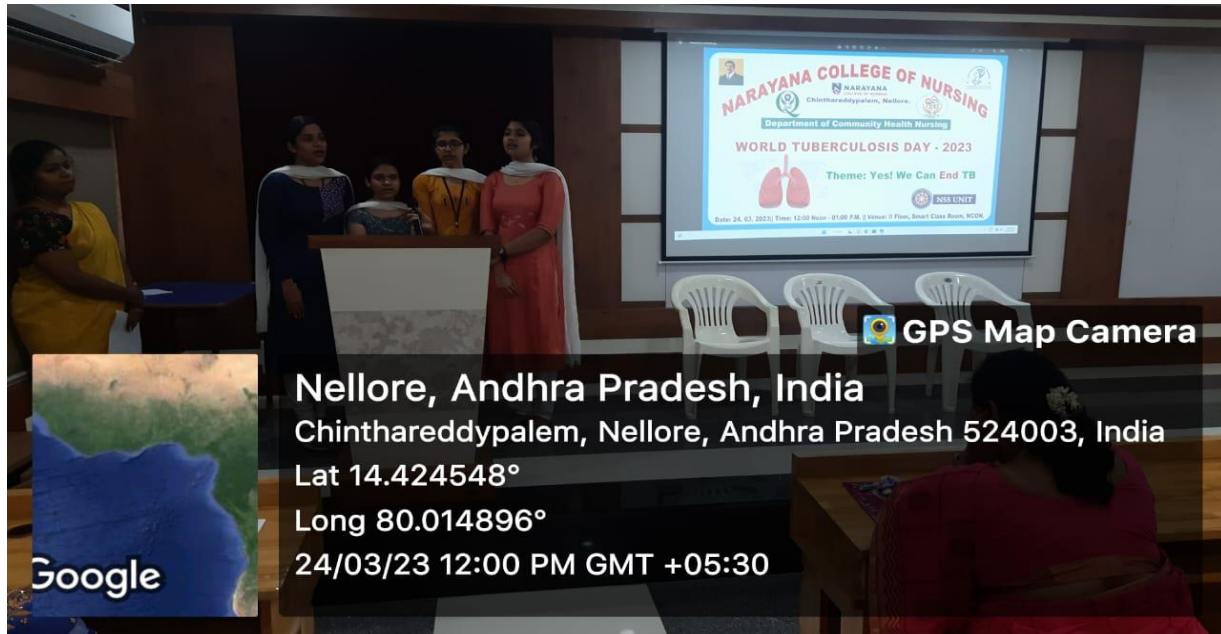




WORLD TB DAY-2023

THEME:” YES WE CAN END TB”

World TB Day is observed annually on March 24 to raise awareness about Tuberculosis, a major infectious disease. According to the WHO, the TB incidence in 2023 is 192 per 100,000 people, highlighting the need for awareness on prevention and management. The NSS Unit, in collaboration with the Department of Community Health Nursing, organized an awareness program on March 24, 2023, at the Narayana College of Nursing. The event, themed "Yes, We Can End TB," commenced at 12 PM with a prayer song, welcome song, and an address by Prof. Vanaja Kumari, HOD of Community Health Nursing. A lamp-lighting ceremony was conducted, followed by a pre-test to assess participants' knowledge. Prof. Vanaja Kumari spoke on TB prevention, the importance of DOTS therapy, and patient education. The program successfully educated participants on TB control and prevention.



SWACHH BHARATH-2023

The Swachh Bharat Mission, inspired by Mahatma Gandhi's vision of cleanliness, emphasizes maintaining hygiene for a healthier society. To support this initiative, the NSS Unit of Narayana College of Nursing conducted a cleanliness drive on campus. Principal Dr. Indira A. highlighted the importance of keeping surroundings free from waste and stagnant water. A total of 100 students from all batches participated in the activity. NSS volunteers encouraged students to take part in Shramdan activities in classrooms, the exam hall, and the garden. The NSS Program Officer divided students into five groups and assigned them different locations. Cleaning materials were provided to ensure effective participation. Students actively engaged in the drive, showing enthusiasm and responsibility. The activity successfully created awareness about hygiene and public health. The program lasted two hours and contributed to a cleaner, healthier campus environment.





WORLD NO TOBACCO DAY

THEME: WE NEED FOOD, NOT TOBACCO

World No Tobacco Day is observed annually to raise awareness about the harmful effects of tobacco use. Initiated by the WHO in 1987, the day highlights the global tobacco epidemic and its preventable consequences. The NSS Unit of Narayana College of Nursing, in collaboration with the Community Health Nursing Department, organized an awareness rally in Thotapalli Gudur village. The event, held at the Rural Health Center, began at 10 AM with a prayer song and welcome

address by B.Sc. Nursing students. Mrs. Suchitra, NSS Program Officer, emphasized the importance of the day and its theme. Health education sessions were conducted by M.Sc. Nursing students in the local language to educate villagers. Various competitions, including elocution, essay writing, and poster presentation, were organized to engage students. Participants actively showcased their creativity and knowledge about tobacco awareness. Winners of the competitions were awarded prizes, encouraging motivation and confidence. The event successfully spread awareness and promoted a tobacco-free lifestyle.





WORLD ENVIRONMENT DAY-2023

THEME:"BEAT PLASTIC POLLUTION."

World Environment Day is celebrated annually on June 5 to promote environmental awareness and action. The NSS Unit of Narayana College of Nursing, in collaboration with the Central Bureau Commission, Government of India, organized an event on June 5, 2023. The program commenced at 4 PM with a prayer song, welcome address, and an introduction by Mrs. Suchitra, NSS Program Officer. Chief Guest Sri A. Chandra Sekhar, District Forest Officer, spoke on solutions to plastic pollution, followed by insightful messages from other dignitaries on environmental protection. Prof. Vanaja Kumari and Prof. Latha A. emphasized the importance of conservation and tree plantation. An environmental pledge was taken, and winners of various competitions were announced. The dignitaries planted trees within the college campus as a symbolic act of commitment to nature. The event concluded successfully with a vote of thanks and the national anthem.





పర్యావరణ జీవనశైలితో పరిష్కారం :: నాగసాయి సూరి

నెల్లూరు, సెప్టెంబర్ 5 (ఆంధ్రపత్రికాంట్ లైన్) : పర్యావరణహిత జీవన శైలి ద్వారా అనేక సమస్యలకు పరిష్కారం దొరుకుతుందని భారత ప్రభుత్వ శ్రేణి ప్రచార అధికారి పరమస్థ నాగసాయి సూరి తెలిపారు. ప్రపంచ పర్యావరణ దినోత్సవాన్ని పురస్కరించుకుని కేంద్ర సమాచార, ప్రసార మంత్రిత్వ శాఖ పరిధిలోని నెల్లూరులోని నెల్లూరు శ్రేణి కార్యాలయం ఆధ్వర్యంలో నెల్లూరులోని నారాయణ



నర్సింగ్ కళాశాలలో నిర్వహించిన ప్రత్యేక కార్యక్రమం ప్రారంభంలో కోటాపెన్ ఎక్స్ ప్రెస్ పుతల స్వతంత్ర మోసం పాటింది. వివాళులు ఆర్పించారు. అనంతరం పర్యావరణ దినోత్సవ ప్రతిజ్ఞను చేసి, కళాశాల అవరణలో మొక్కలు నాటారు. ఎపియడబ్ల్యుజే రాష్ట్ర కార్యదర్శి జయప్రకాష్ నెల్లూరు జిల్లా వెల్ఫేర్ కమిటీ చైర్ వర్మన్ మాధవి, నారాయణ డెంటల్ కాలేజ్ హెచ్.ఓ.డి.

కన్నన్, నారాయణ నర్సింగ్ కాలేజ్ ప్రిన్సిపల్ డా. ఇందిర, కళాశాల సీబ్బంది, విద్యార్థులు, తదితరులు పాల్గొన్నారు. (30)

పర్యావరణహిత జీవనశైలిని అలవరచుకోవాలి

నెల్లూరు, 5 జూన్ (ఆంధ్రపత్రిక) : పర్యావరణహిత జీవన శైలి ద్వారా అనేక సమస్యలకు పరిష్కారం దొరుకుతుందని భారత ప్రభుత్వ శ్రేణి ప్రచార అధికారి పరమస్థ నాగసాయి సూరి తెలిపారు. ప్రపంచ పర్యావరణ దినోత్సవాన్ని పురస్కరించుకుని కేంద్ర సమాచార, ప్రసార మంత్రిత్వ శాఖ పరిధిలోని నెల్లూరులోని నెల్లూరు శ్రేణి కార్యాలయం ఆధ్వర్యంలో నెల్లూరులోని నారాయణ నర్సింగ్ కళాశాలలో నిర్వహించిన ప్రత్యేక కార్యక్రమం ప్రారంభంలో కోటాపెన్ ఎక్స్ ప్రెస్ పుతల స్వతంత్ర మోసం పాటింది. వివాళులు ఆర్పించారు. అనంతరం పర్యావరణ దినోత్సవ ప్రతిజ్ఞను చేసి, కళాశాల అవరణలో మొక్కలు నాటారు. ఎపియడబ్ల్యుజే రాష్ట్ర కార్యదర్శి జయప్రకాష్ నెల్లూరు జిల్లా వెల్ఫేర్ కమిటీ చైర్ వర్మన్ మాధవి, నారాయణ డెంటల్ కాలేజ్ హెచ్.ఓ.డి. కన్నన్, నారాయణ నర్సింగ్ కాలేజ్ ప్రిన్సిపల్ డా. ఇందిర, కళాశాల సీబ్బంది, విద్యార్థులు, తదితరులు పాల్గొన్నారు. (30)



పర్యావరణ హితంగా జీవనశైలి ఉండాలి

- శ్రేణి ప్రచార అధికారి నాగసాయి సూరి
- నారాయణ నర్సింగ్ కళాశాలలో పర్యావరణ దినోత్సవం

నెల్లూరు(వైద్యం), జూన్ 5 :

పర్యావరణ హితంగా ప్రతి ఒక్కరు తమ జీవనశైలిని మార్చుకోవాలని కేంద్ర ప్రభుత్వం శ్రేణి ప్రచార అధికారి పరమస్థ నాగసాయి సూరి సూచించారు. నారాయణ నర్సింగ్ కళాశాలలో సోమవారం ప్రపంచ పర్యావరణ దినోత్సవం జరిగింది. ఆయన మాట్లాడుతూ అనేక సమస్యల పరిష్కారానికి పర్యావరణ పరిరక్షణే కారణమన్నారు. మానవ జీవనశైలిలో వస్తున్న మార్పులు



ప్రతిభ మామిన విద్యార్థులతో అధికారులు

పర్యావరణానికి గొడ్డలి పెట్టుగా మారుతున్నాయని ఆవేదన వ్యక్తం చేశారు. డీఎస్ఎల్ చంద్రశేఖర్ మాట్లాడుతూ గాలి, నీరు వంటి ప్రధాన వనరులను కాపాడుకోవాల్సి బాధ్యత అందరి మీద ఉందన్నారు. అటవీశాఖ తరఫున గ్రీన్ కార్టర్ సభ్యత్వం మొదలు పెడతామని, ఎవరైనా మొక్కలు నాటితే వాటి బాధ్యత అటవీశాఖ చూస్తుందని చెప్పారు. నారాయణ డెంటల్ కళాశాల హెచ్.ఓ.డి. డాక్టర్ కన్నన్ మాట్లాడుతూ ప్లాస్టిక్ రూపంలో పర్యావరణం కలుషితమవుతోందని, అందరూ గుడ్ల సంఘాలు వారాలని పిలుపునిచ్చారు. ముందుగా కోరమండల్ ఎక్స్ ప్రెస్ ప్రమాదంపై సంఘం తెలిపారు. పర్యావరణ పరిరక్షణపై ప్రతిజ్ఞ చేసి మొక్కలు నాటారు. విద్యార్థులకు గర్భింపు పత్రాలు అందచేశారు. ఈ కార్యక్రమంలో చైర్ వర్మన్ కమిటీ చైర్మన్ మాధవి, ఎపియడబ్ల్యుజే రాష్ట్ర కార్యదర్శి జయప్రకాష్, నర్సింగ్ కళాశాల ప్రిన్సిపల్ డాక్టర్ ఇందిర పాల్గొన్నారు.

Adopt an eco-friendly lifestyle : Suri, Field Promotion Officer

(Capital Information)

Nellore, June 5 : According to Paravastu Nagasai Suri, Field Publicity Officer of Government of India, many problems can be solved through eco-friendly lifestyle. A special program was organized at Narayana Nursing College, Nellore under the auspices of the Central Bureau of Communication, Nellore Field Office under the Union Ministry of Information and Broadcasting to celebrate the World Environment Day.

At the beginning of the program, a silence was observed in memory of the deceased Konark Express. After that the environment day pledge was taken and saplings were planted in the college premises. Nellore District Child Welfare Committee Chairperson Ms. Madhavi, APUWJ State Secretary Mr. Jayaprakash, Narayana Dental College H.O.D. Mr. Kannan, Principal of Narayana Nursing College Dr. Indira and others participated.

Field Publicity officer Suri said that the changes in human lifestyles around the world are becoming an ax for the environment, and to bring about a change

use of plastic, planting trees, protecting the available water resources, judicious use of electricity and petrol are very necessary.

Mrs. Madhavi, chairperson of the Child Welfare Committee, said that everyone is seeing the problems that are being faced due to pollution and climate change, and it is necessary for the youth to work hard for a change in this situation. It is suggested that there is a need to increase the awareness of children towards the environment, especially teachers should increase interest in children to grow plants.

Narayana Dental College H.O.D. Mr. Kannan said that the environment has already been heavily polluted in the form of plastic. If there is a change in this situation, it is suggested that everyone should act with discretion when it comes to the use of plastic. He said that by using cloth bags, avoiding the use of plastic for food packaging, and disposing of used plastic properly, we can save our earth and future. The staff and students of Narayana Nursing College participated in this program.



WORLD BLOOD DONOR DAY-2023

THEME: "Give blood, give plasma, share life, share often."

World Blood Donor Day is observed annually on June 14 to honor voluntary blood donors and highlight the importance of blood donation in saving lives. The NSS Unit of Narayana College of Nursing, in collaboration with Narayana General Hospital's blood bank, organized a blood donation camp on June 14, 2023. The event commenced at 9:30 AM and continued until 4:30 PM, witnessing enthusiastic participation from students and faculty. Strict safety measures were ensured for all

donors. A total of 25 students voluntarily donated blood, contributing to life-saving efforts. Donors were provided with refreshments and blood donation certificates as a token of appreciation. The event was successfully conducted with the efforts of Principal Prof. Vanaja Kumari, the NSS Program Officer, faculty, students, blood bank staff, and NSS volunteers.





INTERNATIONAL YOGA DAY-2023

THEME:" Yoga for Vasudhaiva Kutumbakam."

International Yoga Day was celebrated by the NSS Unit of Narayana College of Nursing on June 21, 2023, with the theme Vasudhaiva Kutumbakam—"The world is one family." The event began at 7:00 AM in the college premises with an introduction by Prof. B. Vanaja Kumari. Warm-up exercises were conducted before practicing Surya Namaskar and other yoga postures. The session highlighted yoga's

benefits for physical, mental, and intellectual well-being. Around 50 students enthusiastically participated in the event. Yoga was demonstrated, and students followed the guided instructions. The program aimed to promote strength, balance, and flexibility through yoga. Participants were encouraged to integrate yoga into their daily lives. The session concluded at 8:00 AM with Savasana. The event successfully emphasized the importance of yoga in daily well-being.





BREAST FEEDING WEEK –AUGUST 2023

THEME: “Enabling Breast Feeding Making; a difference for Working Parents”.

The NSS Unit of Narayana College of Nursing, in collaboration with the Departments of Obstetrics & Gynecological Nursing, Child Health Nursing, and Community Health Nursing, celebrated Breastfeeding Week from August 1 to August 7, 2023. The theme for the year, "Enabling Breastfeeding: Making a Difference for Working Parents," guided various activities conducted throughout the week. The inauguration took place on August 1 with speeches from dignitaries emphasizing the importance and benefits of breastfeeding. On the second day, a human puppet show was performed at an Anganwadi center in Venkatachalam village to educate antenatal and postnatal mothers. The third day featured a poster presentation and essay competition, while the fourth day included a quiz on breastfeeding. On the fifth day, a slideshow on breastfeeding techniques and benefits was shown in the postnatal ward, followed by an interactive session and the distribution of nutritional supplements. The sixth day involved a demonstration on breastfeeding techniques in the pediatric ward, where postnatal mothers practiced return demonstrations. The final day concluded with a grand event at the college auditorium, featuring speeches, prize distribution for competition winners, and a presentation on breast milk storage. The program ended with a vote of thanks, snack

distribution, and the National Anthem, successfully promoting awareness and education on breastfeeding.





77th INDEPENDENCE DAY – 2023

THEME: Nation First, Always First.

The Narayana Group of Medical Institutions celebrated the 77th Independence Day on August 15, 2023, with a flag hoisting ceremony at 8 a.m. in the Narayana Medical College Hospital auditorium. The event saw a patriotic gathering of medical, nursing, paramedical, teaching, and non-teaching staff, along with students. The program began with a prayer song, followed by a proud march-past organized by Narayana Nursing Institutions, where nursing students escorted the chief guest and principals for the flag hoisting. The national flag was unfurled by Principal Dr. Srinivasulu, followed by the national anthem, filling the atmosphere with patriotism. The event continued with a pledge and inspiring speeches by dignitaries. The celebration concluded with the distribution of sweets to all participants, marking the occasion with unity and pride.





WORLD SUICIDE PREVENTION DAY, 9th SEPTEMBER, 2023

Theme: “Creating Hope through Action”

The NSS Unit of Narayana College of Nursing, in collaboration with the Department of Mental Health Nursing and Narayana Rural Health Training Center, organized an event on September 10, 2023, to observe World Suicide Prevention Day. The program began with a rally at 8:30 AM from the Narayana Rural Health Training Center to the main road in Venkatachalam, spreading awareness through banners and placards. Upon reaching Narayana College of Nursing, an awareness session was conducted, where experts highlighted the importance of mental health, suicide prevention strategies, and early warning signs. Interactive sessions allowed students to engage, ask questions, and share experiences. A prize distribution ceremony recognized outstanding posters, essays, and active participation. With over 50 participants, the event fostered unity and emphasized the need for mental health advocacy. The NSS Unit and the Department of Mental Health Nursing plan to continue organizing awareness programs to address mental health challenges.



CONSTITUTION DAY -2023

THEME: "India: Mother of Democracy"

The NSS Unit of Narayana College of Nursing, Nellore, celebrated Indian Constitution Day on November 26, 2023, with enthusiasm and reverence. The event aimed to instill pride and awareness about the Indian Constitution among students and staff. The program began at 12:00 PM with a prayer song, followed by a welcome address and lamp lighting by dignitaries. Mrs. S. Suchitra, NSS Program Officer, provided an overview of Constitution Day, highlighting its significance. A garland ceremony honored Dr. B.R. Ambedkar, followed by a speech by Principal Dr. B. Vanaja Kumari on constitutional values. A video presentation enriched students' understanding of the drafting process and key constitutional principles. Students actively participated by sharing reflections on the Constitution's impact. The event reinforced democratic values, concluding with a vote of thanks and the national anthem.





NSS DAY-2023

THEME:" Healthy Society and clean environment'."

The NSS Day celebration at Narayana College of Nursing on September 24, 2024, was a vibrant and inspiring event. The day commenced with the hoisting of the NSS flag by Principal Dr. B. Vanaja Kumari, accompanied by faculty members and students. The ceremony was filled with a sense of patriotism as the NSS anthem was sung. A prize distribution ceremony was held to recognize the outstanding contributions of NSS volunteers. Dr. Vanaja Kumari encouraged students to actively engage in community service. The event also featured an awareness session on the

significance of NSS and its impact on society. A plantation drive was organized within the college premises, where 30 saplings were planted. Faculty members and students enthusiastically participated in the environmental initiative. The program emphasized the importance of teamwork, social responsibility, and environmental conservation. The NSS volunteers were appreciated for their dedicated efforts in serving the community. The event concluded with a vote of thanks, expressing gratitude to all participants. The celebration reinforced the values of service, unity, and sustainable development among students.







MERI MAATI MERA DESH -2023

The 'Meri Maati Mera Desh' program was organized by the NSS unit of Narayana College of Nursing on October 20, 2023. The event began with a plantation drive, where students and faculty planted saplings across the campus. A symbolic gesture of unity was performed by collecting soil from different locations and placing it in a pot. This activity represented the collective responsibility of preserving the nation's heritage. A touching video tribute was shown, honoring the sacrifices of India's freedom fighters. The video instilled a deep sense of patriotism and reverence among the attendees. The event concluded with the Panch Pran pledge, reinforcing national pride and integrity. Participants took an oath to contribute towards the progress of the country. The program emphasized environmental sustainability and unity among individuals. It served as a reminder of our shared duty to protect and honor our land. The event successfully fostered patriotism and social responsibility. The collective efforts made the program both meaningful and inspiring.



WORLD AIDS DAY-1st-Dec-2023

World AIDS Day is observed globally on December 1st to support people living with HIV and honor those who lost their lives to AIDS-related illnesses. The 2023 theme, “Let Communities Lead,” emphasized the vital role of communities in HIV prevention. Narayana College of Nursing marked the occasion with a grand and heartfelt event. The program was inaugurated by Principal Dr. B. Vanaja Kumari, Associate Professor Pavithra, and the NSS unit. A rally was flagged off by Dr. Vanaja Kumari and Associate Professor Pavithra to raise awareness. M.Sc. (N) II-year and II B.Sc. (N) students actively participated in the rally. The rally commenced at 10:00 AM from the college and proceeded to Chinthareddypalem via Narayana Medical College Hospital. Students carried placards and chanted slogans to spread awareness about AIDS prevention. The rally effectively conveyed the message of HIV/AIDS awareness to the community. Upon returning to the college, refreshments were distributed to participants. The event fostered awareness, unity, and social responsibility.





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